KIMBERLI SCULLY

How to Pray the Rosary

A SIMPLE GUIDE FOR EVERY DAY

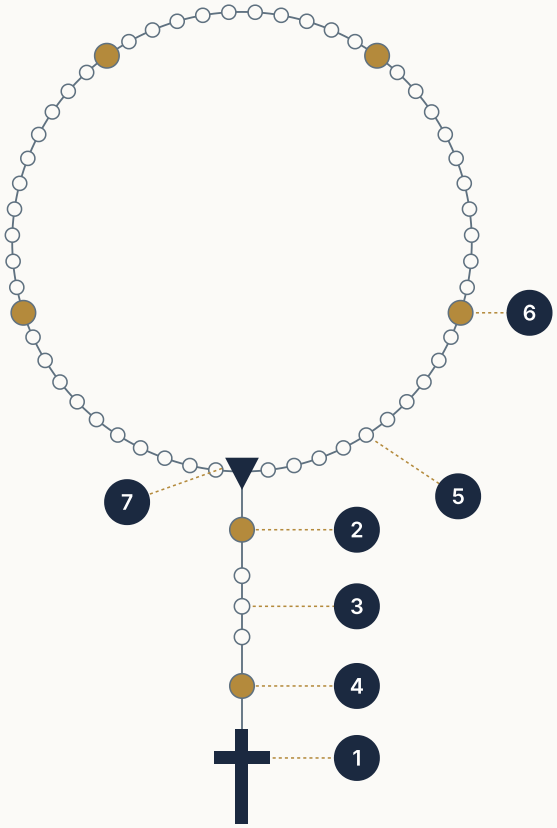


A COMPANION TO A PILGRIMAGE TO YOUR SOUL

STEP BY STEP

Praying the Rosary

Find a quiet place, put your phone out of reach, and ask Jesus to be present with you. You will not do this perfectly, and you do not need to. The goal is intimacy with Christ.



1. **On the crucifix,** make the Sign of the Cross and pray the Apostles' Creed.
2. **On the first large bead,** pray the Our Father.
3. **On the three small beads,** pray three Hail Marys, for faith, hope, and love. Then pray the Glory Be.
4. **On the next large bead,** announce the first mystery and pray the Our Father.
5. **On the ten small beads,** pray ten Hail Marys while you stay with the mystery. Then pray the Glory Be, and you may add the Fatima Prayer.
6. **On the next large bead,** announce the next mystery and pray the Our Father. Repeat steps 5 and 6 until you have prayed all five decades.
7. **At the centerpiece,** pray the Hail, Holy Queen and the closing prayer, and end with the Sign of the Cross.

MAKE EACH DECADE A CONVERSATION

As you name each mystery, place yourself inside it and ask Jesus what He wants to show you. Then stay there with Him while you pray. *Do You Love Me? A Rosary Companion* walks you through it, free at www.KimberliScully.com.

The prayers

SIGN OF THE CROSS

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

OUR FATHER

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

HAIL MARY

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

FATIMA PRAYER

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to heaven, especially those in most need of Thy mercy.

HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.
V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

CLOSING PRAYER

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

EACH DAY

The mysteries

The mysteries of the Rosary are not a schedule. They are doorways, five at a time, four sets of them, and each one opens onto a moment in the life of Jesus that is not past. The Church gives each day its own set. Pray what the day calls for, and He will meet you there.

The Joyful Mysteries

MONDAY AND SATURDAY

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation in the Temple
5. The Finding in the Temple

The Luminous Mysteries

THURSDAY

1. The Baptism of Jesus
2. The Wedding Feast of Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

The Sorrowful Mysteries

TUESDAY AND FRIDAY

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Glorious Mysteries

WEDNESDAY AND SUNDAY

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption of Mary
5. The Coronation of Mary

Pray the Rosary as a conversation

Download *Do You Love Me? A Rosary Companion* and *The Garden*, free, and walk the whole road in *A Pilgrimage to Your Soul*, coming in 2027.

WWW.KIMBERLISCULLY.COM

© 2026 Kimberli Scully. All rights reserved. · facebook.com/kimberliscullyauthor · instagram.com/kimberliscullyauthor